

About Touchstone



The Touchstone Center is a non-profit organization, established to support the special needs of grieving children and adolescents, ages 5-18.

Touchstone has been in the Treasure Valley since 1989. The program is now operated by Warm Springs Counseling Center to ensure the continued availability of this much needed community support group.



740 Warm Springs Avenue, Boise, Idaho 83712



TOUCHSTONE

The center for grieving children & adolescents



Operated by Children's Home Society of Idaho

Touchstone Program

The Touchstone program strives to provide a supportive environment for children, adolescents, and their families who have experienced the death of a parent, sibling, or close family member.

Participants meet monthly in peer support groups facilitated by trained volunteers to process the pain of sadness and grief.

Program Guidelines

Before beginning the program, families participate in an introductory interview with the Program Director to gain a better understanding of the program. Some of the topics discussed are: program outline, confidentiality guidelines, program commitment, and expectations.

Meetings occur twice a month, during the school year. Each meeting begins with a potluck meal. Afterward, participants are separated into peer groups for discussion and activities focused on grief and coping skills.

In conjunction with the children's peer group sessions, Touchstone also provides parent/guardian peer group sessions. These sessions focus on coping skills and how to support children throughout the grieving process.



Touchstone Empowers Children to:

- Identify their feelings related to grief
- Recognize underlying emotions that trigger problem behavior
- Develop coping skills by understanding death and grief
- Share feelings and improve family communication
- Interact with peers who have also experienced a death in the family

Program Highlights

- Supportive, peer environment
- Activities during sessions, such as: peer group discussion, crafts, and games designed to explore grief
- Parent/guardian accompanies the child and participation is encouraged
- Sessions facilitated by volunteers trained in the grief process

Date & Time:

Please visit www.childrenshomesociety.com for a current Touchstone Calendar.

Location:

Warm Springs Counseling Center
2nd Floor Conference Room
740 Warm Springs Avenue
Boise, ID 83712

Contact Information:

Amy Thompson, LMSW
Social Services Manager
208-343-7797 x 1359 or
touchstone@childrenshomesociety.com

Program Funding:

Donations greatly appreciated*



About Warm Springs Counseling Center

Operated by the Children's Home Society of Idaho, Warm Springs Counseling Center (WSCC) has provided emotional and behavioral health services to children and families since 1975.

WSCC offers an array of services and specialists in one location to meet clients' needs without them having to visit multiple providers.

Some of these services include: Clinical Family Therapy, Individual and Group Counseling, Parent Education, Psychological Testing and Assessments, Psychiatry Services, Psychosocial Rehabilitation, Service Coordination, and much more.



740 Warm Springs Avenue
Boise, Idaho 83712
Phone 208.343.7797 x 1359
Fax 208.321.4149
touchstone@childrenshomesociety.com
www.childrenshomesociety.com

Operated by Children's Home Society of Idaho

**A donation of \$25/month per family is appreciated and tax deductible.
No one is denied participation for inability to donate.*