



Group Counseling Sessions at Warm Springs Counseling Center

Boys' Groups

- ❖ Anger Management/Cognitive Restructuring Group - Ages 14-17
- ❖ Boys' Autism Spectrum Disorders Group for Teens - Ages 13-15
- ❖ Boys' Social Skills & Behavior Group - Ages 7-8
- ❖ Boys' Social Skills & Behavior Group - Ages 9-10
- ❖ Boys' Social Skills & Behavior Group - Ages 11-12

Girls' Groups

- ❖ Anger Management/Cognitive Restructuring Group - Ages 14-17
- ❖ Dialectic Behavioral Therapy (DBT) Group - Ages 11-13
- ❖ Girls' Autism Spectrum Social Skills Group - Ages 6-8
- ❖ Girls' Autism Spectrum Disorders Group for Teens - Ages 13-15
- ❖ Girls' Body Image & Self-Esteem Group - Ages 12-15
- ❖ Girls' Friendship Group - Ages 9-12

Women's Groups

- ❖ Women's Issues Group - Ages 18+
- ❖ Women's Trichotillomania Group - Ages 18+

Co-Ed Groups

- ❖ Adolescent Friendship & Social Skills Group - Ages 13-16
- ❖ Kids' Education Group (for kids of caregivers struggling with addiction) - Ages 6-8
- ❖ Mindfulness/ACT Group - Ages 9-11
- ❖ Social Anxiety & Social Skills Group - Ages 13-16

Parenting & Family Groups

- ❖ Effective Discipline Skills Group - Parents of children ages 3-12
- ❖ Effective Discipline Skills Group - Parents of teens
- ❖ Fathers of Children with Autism Spectrum Disorders Group
- ❖ Mothers of Children with Autism Spectrum Disorders Group
- ❖ Touchstone Support Group for Grieving Children & Adolescents

Group Counseling offerings vary throughout the year • Sessions are \$45-\$65/hour (not including support groups)
Insurance & Medicaid accepted • Subsidy programs available for those who qualify
For more information, contact Amy at athompson@childrenshomesociety.com or 208-343-7797 ext. 1211